

Towards Intuitive Thinking

and Selfless Loving Actions

ASSA Annual Conference

at Sophia House Cape Town

2019 29th to 31 March Friday evening to Sunday

Every human being, irrespective of where they find themselves on Earth today, faces an escalation of violence, a breakdown in relationship with Self and others, depression, trauma, lies, fear, natural disasters, to name but a few of our modern-day trials.

How can we learn to participate more deeply in the 'New Mysteries' - where in the meeting of two or more, Intuitive Thinking and Selfless Loving Actions arise?

How can we prepare for these encounters to happen anywhere and at any time, and take a more active role in the healing and facilitation of the earth and humanity's future evolving?

**Enquiries:** +27 (0) 21 761 9600

**Email:** coordinator@aswc.org.za

Venue: Sophia House, 18 Firfield Rd

Plumstead, Cape Town

Costs: Full conference R350

(note the 'bring and share' lunch)

### Evening talks ALL VISITORS ARE WECOME – R40 each

Towards Intuitive Thinking and Selfless Loving Action talk by Joan Sleigh **Spirituality and Trauma** talk by Bernd Ruf (Emergency Pedagogy)

# Towards Intuitive Thinking and Selfless Loving Actions

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## **Programme**

#### FRIDAY 29th MARCH

06:00 pm Registration

06:30 pm Opening - Greeting and Dedication with Joan Sleigh

 $07{:}00 \; \text{pm} \quad \text{Towards Intuitive Thinking and Selfless Loving Action}$ 

talk by Joan Sleigh

#### SATURDAY 30th MARCH

09:00 am **Opening the day together** 

09:10 am "The artistic process of a healing human encounter"

workshop Richard Goodall

10:30 am **Tea** 

11:15 am Choice of 3 Workshops

(one chooses one and follows it over the 2 days)

#### **Eurythmy - Christiane Wigand**

Explorations on the prerequisites for intuition and selfless actions: How can we open up towards developing these faculties?

### Renewing the Mysteries – Michael Grimley

Developing Intuitive Thinking through the Reverse Cultus as outlined in Rudolf Steiner's 'Awakening to Community'.

### **Active Practical Love – Briar Grimley**

Introducing steps towards selfless loving as a healing force that can become the love we experience in all our relationships — based on the work of Dr Tessabella Lovemore.

13:00 pm Bring and share lunch

14:00 pm **ASSA AGM** 

17.00 pm **Soup and bread** 

18.00 pm **Spirituality and Trauma** 

talk by Bernd Ruf (Emergency Pedagogy)

#### SUNDAY 31th MARCH

09:00 am **Opening the day together** 

09:10 am Your workshop choice

10:30 am **Tea** 

11:15 pm Plenum on 'The New Mysteries'

introduced by Martin Wigand

13:00 pm **Close** 

**PREPARATORY READING:** Two lectures by Rudolf Steiner **Evolution, Involution and the Creation out of Nothing** GA 109, Lecture 19 given in Berlin on 17th June 1909

# The Bridge between Universal Spirituality and the Physical Constitution of Man

GA 202, Lecture 3: The Path of Freedom and Love and their Significance in World Events, given in Dornach on 19th December 1020