

The Power of the Thinking Heart – A Path to the Future

Date: Friday 19th April – Sunday 21st April 2013

Venue: Jacob's Well Retreat Centre, Botha's Hill,
Kwazulu Natal

Anthroposophy is a path of knowledge that seeks to lead the spiritual within the human being to the spiritual in the cosmos.

The organ that will ultimately bring this task about is the human heart – our 'inner sun' and the organic centre of the rhythmic system, once it has undergone a complete metamorphosis.





The logo for the programme comes from a painting that Brian Johnson has been working on, his ideas stimulated by a lecture by Rudolf Steiner "True aesthetic Laws of Form" – Dornach 5 July 1914

Closely connected with this process is the further development of the chakras, particularly the heart chakra, (12- petalled lotus flower) achieved largely through the six subsidiary exercises given by Rudolf Steiner, together with numerous other exercises and meditative practises, on the so- called inner path of Anthroposophy.

Rudolf Steiner also points to a second path, namely the one of 'pure thinking' elaborated in his 'Theory of Knowledge' and 'Philosophy of Spiritual Activity'

Both these paths begin with the spiritual activity of thinking, yet are very different.

In his book, 'Enlivening the Chakra of the Heart', Florin Lowndes states that the new kind of thinking first came through the deed of Christ at Golgotha.

In preparing the conference we have pursued a range of images and lecture content which we hope will kindle questions and perhaps some real insights, into the theme.

Michael Merle brings some fresh insights to the theme of Chakra development and the preparation for the 6th epoch of humanity. This has been the focus in his own line of enquiry for many months.

The lecture "The Etherisation of the blood"-(Basel 1 Oct 1911,)and a lecture called 'The Human Heart'-(Dornach 26 May 1922) each contain very key insights into the significance for humanity, of this special organ. Bernard Hurner would like to elaborate on some aspects in these lectures.

Judith Taberner will explore organic morphology and physiology, as a basis for renewed thinking, and the metamorphosis into a future organ of thought, described by Rudolf Steiner.

We invite you to bring your own research, insights and interest to our work, and look forward to hosting you in KZN.

Programme

FRIDAY 19th APRIL

- 5:30 pm **Supper**
- 6:15 pm **Welcome**
Introduction to the theme – Bernard Hurner
- 7:00 pm **Eurythmy** – Anneke Misset-Meier
- 7:30 pm **Other contemporary research** – Judith Tabberner
- 7:50 pm **From a heart of stone to a heart of flesh** – Michael Merle

SATURDAY 20th APRIL

- 8:30 am **Morning Circle**
- 8:50 am **The heart in the gospels** – Michael Merle
- 9:10 am **Eurythmy** – Anneke Misse-Meier
- 9:35 am **Morphology and physiology as a basis for the Thinking Heart**
Judith Tabberner
- 10:30 am **Tea**
- 10:50 am **Clay modelling** – Judith Tabberner
- 11:45 am **Reflection and dialogue**
- 1:15 pm **Lunch**
- 2:00 pm **AGM**

SATURDAY 20th APRIL

- 3:30 pm **Tea**
- 4.00pm **Free time for meeting friends**
- 6:00 pm **Supper**
- 7:00 pm **Diving into living thinking**
A time for further contributions, demonstrations.
- 9:00 pm **Good night**

SUNDAY 21 APRIL

- 9:00 am **The Heart in the Gospels** – Michael Merle
- 9:15 am **Morning Circle**
- 9:20 am **Eurythmy** – Anneke Misset-Meier
- 10:00 am **Working with lecture – Etherization of the blood**
– Bernard Hurner
Concluding clay work
- 11:00 am **Coffee**
- 11:30 am **Artistic activity**
- 12:00 am **Conclusion**



The conference will be held at Jacob's Well Retreat Centre, in Botha's Hill, and the fee includes all refreshments, meals, and accommodation for 2 nights if you should need it, for participants from further afield. Most accommodation is in single rooms. Local participants will join for meals etc.

VENUE: Jacobs Well Retreat Centre, Bothas Hill, near Hillcrest, KZN

DATES AND TIMES: Friday 19th April – commencing with supper at 5:30pm to Sunday 21st April – closing midday .

FEE: R 450.00 (includes all refreshments, meals, and accommodation for 2 nights).

We need to confirm participant numbers by 31st March.

BOOKING OR FURTHER ENQUIRY: Contact Judith Tabberner,
Email: tabbernerjudith@gmail.com
Mobile: 0835356092
Fax: 031 7681424

Reading list

Rudolf Steiner, The Human Heart – Dornach 26 May 1922

Rudolf Steiner, The Etherisation of the Blood – Basle 1 October 1911

Rudolf Steiner, The True Aesthetic Laws of Form – Dornach 5 July 1914

Rudolf Steiner, Macrocosm And Microcosm – 9th Lecture

Enlivening The Chakra of the Heart – Florin Lowndes

The Sacramental Physiology of the heart – Peter Selg

Website of Frank Chester

HeartMath website