

Eurythmy

Adult Classes

The Joy of Meaningful Movement

2013 PROGRAM

The Earthly Elements

Block 1	21 Jan – 18 Feb	FIRE
Block 2	25 Feb – 18 Mar	Music
Block 3	8 Apr – 13 May	AIR
Block 4	20 May – 24 Jun	WATER
Block 5	15 Jul – 5 Aug	Music
Block 6	12 Aug – 16 Sep	EARTH
Block 7	30 Sep – 11 Nov	
	Christ, King of the Elements	
Block 8	18 Nov – 9 Dec	Music

Mondays 5.30 to 6.30
Sophia House, 18 Firfield Road, Plumstead

Enquiries:
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